



Greater Orlando Area Freedom From Prejudice Adhoc Newsletter

The Purpose of this adhoc is to create awareness and dialogue about various prejudices in the Greater Orlando Area (G.O.A.). Since October of 2017 and through the direction of the G.O.A., the members of the adhoc have been focusing on ways to fulfill its purpose in various ways. We have created a list of prejudices that have been discussed throughout our area via surveys, adhoc meetings, and personal stories and we would like to share them through a quarterly newsletter.

The first of many are Medically Assisted Treatment/Drug Replacement Therapy (MAT's/DRT's). Recently MAT's/DRT's have been a topic of discussion in dealing with recovery. This newsletter will attempt to address the following: Our approach to recovery and how we are guided by our Traditions and Spiritual Principles.

Recovery begins with complete abstinence from all drugs. With the exception of medication that is prescribed by an informed medical professional and taken as prescribed, we have found that total abstinence has been the only way to keep from returning to active addiction.

We welcome everyone who has a desire to stop using. We are guided by principles such as unity, empathy, and compassion while encouraging the desire to stop using. There are addicts who initially come to our meetings that take MAT's/DRT's and eventually they get clean. A member shared, "I came to NA using methadone and I was ashamed to admit it out of fear from not being accepted. I was encouraged to keep coming back and I heard the message of complete abstinence was the key to recovery.

The NA way of complete abstinence and applying the 12 Steps and 12 Traditions is a proven program of recovery from the disease of addiction. Our program allows us to practice love, unity, and compassion to any addict seeking recovery because we are all familiar with the horrors of addiction. More importantly though, we can all experience freedom from active addiction. Together in UNITY.

*Disclaimer: "Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy" This newsletter is the opinion of our members and not of NA as a whole.

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