

Meeting Format Legend

BT	Basic Text	C	Closed to Non-Addicts
CAN	Candlelight	CW	Children Welcome
D	Discussion	ESP	Espanol
GL	Gay/Lesbian	HP	Handicap Parking
HY	Hybrid	LC	Living Clean
LIT	Literature Study	M	Men
NS	No Smoking	SD	Speaker & Discussion
SPK	Speaker Only	STP	Step
SWG	Step Working Guide Study	TC	Temporarily Closed
TOP	Topic	TRD	Tradition
VAR	Format Varies	VM	Virtual Meeting
W	Women	WC	Wheelchair
☐	Outdoor Meeting		

**PLEASE PICK UP THE PHONE BEFORE
YOU PICK UP AND USE.**



VIRTUAL MEETINGS JANUARY 2021

**24 HOUR HELPLINE
407-425-5157
866-579-8333**

**Florida Relay for the Deaf
800-955-8771**

**Greater Orlando Area Service Committee
PO Box 532095
Orlando, FL 32853-2095**

<http://dev.orlandona.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the **PHONE**
KEEP COMING BACK. IT WORKS

**What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

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